## **CHARLIE JOSEPH SENIOR**

6943 Buffalo Avenue ~ Jacksonville, FL 32208 ~ (904) 768-4762

Specialist: Diane Weaver

**OCTOBER 2019** 

Monday – Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Billiards 8 a.m. Puzzles 8 a.m. Paper Rolling 8:30 a.m. Silver Sneakers 9 a.m. Bible Study 9:30 a.m. Chair Volleyball 10 a.m. Walmart 10:30 a.m. Wii Games 1 p.m.	Billiards 8 a.m. BP Checks 8:30 a.m. Breakfast 9 a.m. Bingo 9:30 a.m. Exercise 11 a.m. Wii Games 1 p.m.	Billiards 8 a.m. Puzzles 8 a.m. Paper Rolling 8:30 a.m. Silver Sneakers 9 a.m. Journey Thru a Book 9:30 a.m. Chair Volleyball 10 a.m. Wii Games 1 p.m.	Billiards 8 a.m. BP Checks 8:30 a.m. Breakfast 9 a.m. Bingo 9:30 a.m. Exercise 11 a.m. Wii Games 1 p.m.	Billiards 8 a.m. Paper Rolling 8:30 a.m. Puzzles 8:30 a.m. Current Events 9 a.m. Bingo 9:30 a.m. Show & Tell 10 a.m. Chair Volleyball 10:30 a.m. Wii Games 11 a.m.
AVAILABLE DAILY Billiards, Wii Games LUNCH 12:00 p.m.				
Forever Fit 50 & Beyond, 2019 Senior Games Continue; October 1st thru October 5 <sup>th</sup>	1 Senior Games 12 p.m.	2 Healthy Living Discussion w/Dana, Dietician 9:30 a.m.	3 Site Council Meeting 1:30 p.m.	4 Whitey's Fish Camp 10:30 a.m.
7 Walmart & Dollar Tree 10:30 a.m.	8 Participant Meeting 11 a.m.	9 Roses Discount Store 10:30 a.m.	10 Bridge the Gap 10:30 a.m. Program Advisory Board Meeting @ Lane Wiley 11 a.m.	11 Intro. to Pickleball at Cuba Hunter C.C. Gym 10:30 a.m. Hopes Closet 10:30 a.m.
14	15 Jax Zoo & Gardens 10:30 a.m.	16	17 St. Johns Harbor Seafood Restaurant 10:30 a.m.	18
21 Walmart & Dollar Tree 10:30 a.m.	22 Bingo w/WellCare 10 a.m.	23	24	25 Ruby Tuesday 10:30 a.m.
28	29 Super Bingo Fundraiser 10 a.m.	30 Oktoberfest at Maxville Center 11 a.m.	31	