

HAMMOND SENIOR CENTER

3312 W. 12th Street ~ Jacksonville, FL 32254 ~ (904) 786-8554

Specialist: Iscah Holland

JANUARY 2020

Monday - Friday ~ 8 a.m. to 5 p.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Puzzles 8 a.m. Skip Bo 8:30 a.m. Walk Outside 1:30 p.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. Bible Study 11 a.m. Exercise 11:15 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m. Cards 9:30 a.m. Blood Pressure Check 10 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Breakfast 9 a.m.	Puzzles 8 a.m. Skip Bo 8:30 a.m. Chair Volleyball 10 a.m. Pool 10 a.m. Exercise 11:15 a.m.
AVAILABLE DAILY Puzzles and Various Games				
LUNCH 12 p.m.				
		1 New Year's Day ~ Closed	2 Bring A Friend to Hammond Day	3 Popcorn & Movie 12 p.m.
6 Freshfields Farm 10 a.m.	7	8 White Elephant Sale 10 a.m.	9	10
13 Walmart 10 a.m. The Life of MLK Presentation 11 a.m.	14 MLK Trivia 10 a.m.	15 MLK Movie Day: Selma 9 a.m.	16 I Have A Dream... (Arts & Crafts) 10 a.m.	17 MLK Favorite Food Celebration 10 a.m.
20 MLK Day ~ Closed	21	22	23 Site Council Meeting 10 a.m.	24
27 Dollar Tree 10 a.m.	28	29 Senior Day in Tallahassee 6 a.m. (Sign-Up Required)	30	31 Birthday Celebrations 12 p.m.