

December 2021

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Dinner Roll Fruit Cup	2 Tuna Mac Salad Coleslaw Green Pea Salad Saltine Crackers Fresh Fruit	3 Cheese Omelet Grits Spinach Biscuit Fresh Fruit
6 Parmesan Chicken Penne & Tomatoes Italian Vegetables Dinner Roll Fruit Cup	7 Beef and Bean Chili Whole Kernel Corn Green Beans Saltine Crackers Fresh Fruit	8 BBQ Rib Patty Butter Beans Summer Vegetables Dinner Roll Fresh Fruit	9 Oven Fried Chicken Thigh Parslied Whipped Potatoes Collard Greens Cornbread Fresh Fruit	10 Hamburger Patty Baked Beans Sliced Tomato Lettuce Hamburger Bun Mixed Fruit Cobbler
13 Turkey Ham & White Beans Buttered Rice Spring Vegetables Dinner Roll Fruit Cup	14 Chicken Taco Meat Pinto Beans Rice Lettuce/ Tomato/Cheese Flour Tortilla Fresh Fruit	15 Chopped Steak/Gravy Twice Whipped Potatoes Mixed Greens Wheat Bread Fresh Fruit	16 Chicken Gumbo Yellow Rice Garden Vegetables Cornbread Fresh Fruit	17 Italian Mac & Beef Green Beans Tossed Salad Dinner Roll Hot Spiced Apples
20 Creole Steak Delmonico Potatoes Mixed Vegetables Dinner Roll Fruit Cup	21 Chicken Tetrazzini Whole Kernel Corn Green Beans Wheat Bread Fresh Fruit	22 Pork Sausage Lima Beans Country Vegetables Hot Dog Bun Fresh Fruit	23 Glazed Ham Au Gratin Potatoes Green Beans Amandine Dinner Roll Fluffy Fruit Salad	24 Centers Closed 
27 Centers Closed 	28 Garlic Rosemary Chicken Mixed Beans Turnip Greens Wheat Bread Fresh Fruit	29 Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Dinner Roll Fruit Cup	30 Tuna Mac Salad Coleslaw Green Pea Salad Saltine Crackers Fresh Fruit	31 Centers Closed 

Menu Approved by: Registered Dietitian Dana Gardner and may be subject to change.