## December 2021

## **Lunch Menu**

Turkey Ham & Whole Kernel Turkey Ham & White Beans Wheat Street Cases Green Pas Salad Chicken Cholli Green Pea Salad Saltine Crackers Fresh Fruit Spinach Biscuit Fresh Fruit Chicken Chicken Biscuit Fresh Fruit Chicken Chicken Biscuit Fresh Fruit Fresh Fruit Fresh Fruit Chicken Thigh Parslied Whipped Chicken Thigh Parslied Whipped Parslied White Collard Greens Collard Greens Collard Greens Chicken Thigh Parslied White Chicken Taco Chopped Steak/Gravy Yellow Rice Beef	Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Beef Casserole Glazed Carrots Brussels Sprouts Dinner Roll Fruit Cup  6 7 8 9 10 Parmesan Chicken Chicken Chicken Corn Penne & Whole Kernel Tomatoes Italian Vegetables Dinner Roll Fruit Cup  Corn Tomatoes Tomatoe	- monday	. acouay	1	_	· ·
Casserole Glazed Carrots Brussels Sprouts Dinner Roll Fruit Cup  6 7 8 9 10 Parmesan Chicken Chicken Penne & Whole Kernel Tomatoes Italian Vegetables Dinner Roll Fruit Cup  Corn Vegetables Dinner Roll Fruit Cup  Corn Tomatoes To			Cheesy Beef	_	_
Glazed Carrots Brussels Sprouts Dinner Roll Fruit Cup  6 7 8 9 10 Parmesan Chicken Chicken Penne & Whole Kernel Tomatoes Italian Vegetables Dinner Roll Fruit Cup  Green Pea Salad Spinach Biscuit Fresh Fruit Presh Fruit  BBQ Rib Patty Butter Beans Chicken Thigh Parslied Whipped Parslied Whipped Parslied Whipped Corn Vegetables Dinner Roll Dinner Roll Saltine Crackers Fresh Fruit Fresh Fruit Cornbread Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Cobbler  13 14 15 16 17  Turkey Ham & Chicken Taco White Beans Meat Spinach Biscuit Fresh Fruit Fresh Fruit Coven Fresh Fruit Fresh Fruit Cobler  13 14 15 16 17  Chicken Gumbo Wellow Rice Beef			_		
Brussels Sprouts Dinner Roll Fruit Cup  6 7 8 9 10 Parmesan Chicken Penne & Chili Tomatoes Italian Vegetables Dinner Roll Fruit Cup  6 7 8 9 10 Hamburger Pat Chicken Thigh Parslied Whipped Tomatoes Italian Vegetables Dinner Roll Fruit Cup Fresh Fruit Fresh Fruit  Corn Fresh Fruit Fresh Fruit Fresh Fruit  Cornbread Fresh Fruit					
Dinner Roll Fruit Cup  6 7 8 9 10 Parmesan Chicken Penne & Chili Tomatoes Italian Vegetables Dinner Roll Fruit Cup  Beef and Bean Corn Vegetables Dinner Roll Fruit Cup  Baked Beans Summer Vegetables Dinner Roll Fruit Cup Fresh Fruit					_
Fruit Cup  6 7 8 9 Parmesan Chicken Chili Penne & Whole Kernel Tomatoes Italian Vegetables Dinner Roll Fruit Cup  13 Turkey Ham & Chicken Taco Whole Kernel Chicken Chili Butter Beans BBQ Rib Patty Butter Beans Summer Summer Vegetables Summer Vegetables Dinner Roll Fresh Fruit Cornbread Fresh Fruit Fresh Fruit Chicken Thigh Baked Beans Chicken Thigh Baked Beans Chicken Thigh Baked Beans Chicken Thigh Chicken Thigh Baked Beans Chicken Thigh Chicken Thigh Baked Beans Chicken Thigh Chicken Thigh Chicken Thigh Baked Beans Chicken Thigh Chicken Thigh Chicken Thigh Baked Beans Chicken Thigh Baked Beans Collard Greens Hamburger Bu Cornbread Fresh Fruit Cobbler Table Turkey Ham & Chicken Taco Chopped Chicken Gumbo Italian Mac & Steak/Gravy Yellow Rice Beef			_		
678910ParmesanBeef and BeanBBQ Rib PattyOven FriedHamburger PateChickenChiliButter BeansChicken ThighBaked BeansPenne &Whole KernelSummerParslied WhippedSliced TomateTomatoesCornVegetablesPotatoesLettuceItalian VegetablesGreen BeansDinner RollCollard GreensHamburger BuDinner RollSaltine CrackersFresh FruitCornbreadMixed FruitFruit CupFresh FruitFresh FruitCobbler1314151617Turkey Ham &Chicken TacoChoppedChicken GumboItalian Mac &White BeansMeatSteak/GravyYellow RiceBeef					
Parmesan Chicken Penne & TomatoesBeef and Bean Chili Whole Kernel TomatoesButter Beans Summer Vegetables Dinner Roll Fruit CupBeef and Bean Chicken Thigh Vegetables Fresh FruitOven Fried Chicken Thigh Parslied Whipped Collard Greens Fresh FruitHamburger Park Baked Beans Chicken Tomatoes Corn Fresh Fruit13 Turkey Ham & White BeansBeef and Bean Summer Vegetables Dinner Roll Fresh FruitPotatoes Collard Greens Fresh FruitLettuce Hamburger Bu Cornbread Fresh Fruit15 Chopped White Beans16 Chicken Gumbo Yellow Rice17 Italian Mac & Yellow Rice	6	7		9	10
Chicken Penne & Whole Kernel Tomatoes Italian Vegetables Dinner Roll Fruit Cup Tomatoes Tomatoes Tomatoes Tomatoes Tomatoes Dinner Roll Fruit Cup Tomatoes T	Parmesan	Beef and Bean	BBO Rib Patty	Oven Fried	
Penne & Whole Kernel Tomatoes Italian Vegetables Dinner Roll Fruit Cup Tomatoes Tomatoes Corn Summer Vegetables Dinner Roll Fresh Fruit Fruit Cup Tomatoes Corn Vegetables Dinner Roll Fresh Fruit Fresh Fruit Fresh Fruit Turkey Ham & Chicken Taco White Beans Whole Kernel Vegetables Dinner Roll Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Cobbler Chicken Gumbo Steak/Gravy Yellow Rice Sliced Tomato Contact Combate Potatoes Collard Greens Hamburger Bu Cornbread Mixed Fruit Fresh Fruit Cobbler Chicken Gumbo Steak/Gravy Yellow Rice Sliced Tomato Parslied Whipped Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Collard Greens Mixed Fruit Fresh Fruit Cobbler Sliced Tomato Potatoes Fresh Fruit			_		
Tomatoes Corn Vegetables Potatoes Lettuce Italian Vegetables Green Beans Dinner Roll Collard Greens Hamburger Bu Dinner Roll Saltine Crackers Fresh Fruit Cornbread Mixed Fruit Fruit Cup Fresh Fruit Fresh Fruit Cobbler  13 14 15 16 17  Turkey Ham & Chicken Taco Chopped White Beans Meat Steak/Gravy Yellow Rice Beef			Summer		Sliced Tomato
Italian Vegetables Dinner Roll Dinner Roll Fruit CupGreen Beans Saltine Crackers Fresh FruitDinner Roll Fresh FruitCollard Greens Cornbread Fresh FruitHamburger Bu Mixed Fruit Cobbler13 Turkey Ham & White Beans14 Chicken Taco Meat15 Chopped Steak/Gravy16 Chicken Gumbo Yellow Rice17 Italian Mac & Beef	Tomatoes	Corn	Vegetables		
Dinner Roll Fruit CupSaltine Crackers Fresh FruitFresh FruitCornbread Fresh FruitMixed Fruit Cobbler1314151617Turkey Ham & White BeansChicken Taco MeatChopped Steak/GravyChicken Gumbo Yellow RiceItalian Mac & Beef			_		Hamburger Bun
Fruit CupFresh FruitFresh FruitCobbler1314151617Turkey Ham & Chicken Taco White BeansChicken Taco MeatChopped Steak/GravyChicken Gumbo Yellow RiceItalian Mac & Beef					
1314151617Turkey Ham & Chicken Taco White BeansChicken Taco MeatChopped Steak/GravyChicken Gumbo Yellow RiceItalian Mac & Beef	Fruit Cup			Fresh Fruit	Cobbler
Turkey Ham & Chicken Taco Chopped Chicken Gumbo Italian Mac & White Beans Meat Steak/Gravy Yellow Rice Beef	•		15		
White Beans Meat Steak/Gravy Yellow Rice Beef	Γurkey Ham &	Chicken Taco	Chopped	Chicken Gumbo	Italian Mac &
	•	Meat		Yellow Rice	Beef
Buttered Rice   Pinto Beans   Twice Whipped   Garden   Green Beans	Buttered Rice	Pinto Beans	Twice Whipped	Garden	Green Beans
	Spring	Rice		Vegetables	Tossed Salad
Vegetables Lettuce/ Mixed Greens Cornbread Dinner Roll		Lettuce/	Mixed Greens	_	Dinner Roll
Dinner Roll Tomato/Cheese Wheat Bread Fresh Fruit Hot Spiced	Dinner Roll	Tomato/Cheese	Wheat Bread	Fresh Fruit	Hot Spiced
Fruit Cup Flour Tortilla Fresh Fruit Apples	Fruit Cup	Flour Tortilla	Fresh Fruit		Apples
Fresh Fruit	-	Fresh Fruit			
20 21 22 23 24	20	21	22	23	24
Creole Steak Chicken Pork Sausage Glazed Ham Centers Close	Creole Steak	Chicken	Pork Sausage	Glazed Ham	<b>Centers Closed</b>
Delmonico Tetrazzini Lima Beans Au Gratin	Delmonico	Tetrazzini	Lima Beans	Au Gratin	*
Potatoes Whole Kernel Country Potatoes	Potatoes	Whole Kernel	Country	Potatoes	* * *
Mixed Vegetables   Corn   Vegetables   Green Beans	ixed Vegetables	Corn	Vegetables	Green Beans	* CO Werry
Dinner Roll Green Beans Hot Dog Bun Amandine	Dinner Roll	Green Beans	Hot Dog Bun	Amandine	*hristmas*
Fruit Cup Wheat Bread Fresh Fruit Dinner Roll	Fruit Cup	Wheat Bread	Fresh Fruit	Dinner Roll	C 100 011 010
Fresh Fruit Fluffy Fruit		Fresh Fruit		Fluffy Fruit	
Salad				Salad	
27 28 29 30 31		28			
	Centers Closed	Garlic Rosemary	_	Tuna Mac Salad	Centers Closed
Chicken Casserole Coleslaw	*D P				
Mixed Beans Holidays  Mixed Beans Turnip Greens  Brussels Sprouts  Saltine Crackers  Turnip Greens	Lappy				Happy
Turnip Greens Brussels Sprouts Saltine Crackers	Holidays	•	_		Michal.
Wheat Bread   Dinner Roll   Fresh Fruit				Fresh Fruit	
Fresh Fruit Fruit Cup		Fresh Fruit	Fruit Cup		

Menu Approved by: Registered Dietitian Dana Gardner and may be subject to change.