

LONGBRANCH SENIOR CENTER

4110 Franklin Street ~ Jacksonville, FL 32206 (904) 255-6790

Specialist: Angela K. Hicks

DECEMBER 2021

Monday – Friday ~ 8 a.m. to 5 p.m.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| Morning Café Hour 9:15 a.m. Chair Exercise 9:30 a.m. Table Games 9:45 a.m. | Morning Café Hour 9:15 a.m. Chair Exercise 9:30 a.m. What's New in Jax 9:45 a.m. Brain Games 10 a.m. | Morning Café Hour 9:15 a.m. Chair Exercise 9:30 a.m. Card Games 9:45 a.m. | Morning Café Hour 9:15 a.m. Chair Exercise 9:30 a.m. What's New in Jax 9:45 a.m. Table Talk Discussion 10 a.m. | Morning Café Hour 9:15 a.m. Chair Exercise 9:30 a.m. Bingo 12 p.m. |
| LUNCH DAILY 11 a.m. | | | | |
| | | 1 Assemble the Holiday Tree and Decorate Longbranch 10:30 a.m. Guest Speaker: Ken Jefferson 10:30 –11:30 a.m. | 2 | 3 Holiday Movie & Healthy Snacks 10:30 a.m. |
| 6 Shopping at Roses 10 a.m. | 7 Brain Elixer Game 10 a.m. | 8 Café Discussion: The Longbranch Book Club 10 a.m. | 9 Chair Volleyball 11:30 a.m. | 10 Breakfast at Crazy Beans Coffee 10 a.m. |
| 13 Karaoke Party Singing Holiday Songs 10 a.m. Sending out Holiday Cards 11 a.m. | 14 | 15 Blood Pressure & Oximeter Reading 10:30 a.m. | 16 | 17 Ugly Sweater & Hat Day Birthday Bingo Longbranch & Senior Companion Program Celebration 11:30 a.m. |
| 20 Café Discussion: Kwanzaa History & Principals | 21 How to Bake the Million Dollar Pound Cake – Recipe Included 10:30 a.m. | 22 Café Discussion: My Holiday Memories - Bring in Pictures of Past Holidays 10:30 a.m. | 23 | 24 Christmas Holiday <i>Senior Center Closed in Observance of Holiday</i> |
| 27 Christmas Holiday <i>Senior Center Closed in Observance of Holiday</i> | 28 | 29 Café Discussion: Planning for Longbranch Council 10:00 a.m. | 30 Longbranch Pre-New Year's Day Blast!! 12 noon | 31 New Year's Day <i>Senior Center Closed in Observance of Holiday</i> |

