



Mayor's Council on Fitness and Well Being

Notable Events and Achievements

As of Council Meeting June 3, 2015
Send all updates to Robin Mantz – rmantz@coj.net

Notable	Name	Company	Contact Info
<p>[*Location for All Events: River City Market Place Florida Blue Health Solutions Center]</p> <ul style="list-style-type: none"> 6/5 @ 10A – Yoga with Nemiah Rutledge* 6/6 @ 10A-2P – 2nd Annual Health & Wellness Fair* 6/12 @ 1P – Yoga with Nemiah Rutledge* 6/19 @ 10A – Yoga with Nemiah Rutledge* 6/24 @ 10A – Approaching Medicare Seminar* 6/25 @ 12P - Mediterranean Diet Lunch & Learn with Chef Tony Charbonnet* 6/26 @ 10A – Approaching Medicare Seminar* 6/26 @ 1P – Yoga with Nemiah Rutledge* 6/30 @ 5:45P – Tai Chi with Hector Ruiz 	Tanya Craven	Florida Blue Scheduler link for events (by zip code)	Tanya.craven@floridablue.com
<ul style="list-style-type: none"> 6/1: The First Coast Games Healthy Living Challenge began and FCG participants get two free months on us (June/July) to get connected and become more physically active 6/6 @ 10A-2P: The Brooks Y Marketplace (Farmer's Market) [10423 Centurion Pkwy North Jax, FL 32256 904.854.2000] 6/8: Summer Day Camp begins in Duval, Clay and St Johns county locations. Theme for this year is Super Summer Adventure centered around Superheroes 	Tim Burrows	YMCA of Florida's First Coast All information about these programs and so much more: www.firstcoastymca.org	tburrows@FirstCoastYMCA.org
<ul style="list-style-type: none"> 6/13 @ 8:30A-2P [Lee High School] FREE Football Camp - Click link to register: https://registration.campbrain.com/Portal/Login.aspx?H=MercedesLewisFoundation&G=1025 	Heather Crowley	Duval County School Board www.duvalschools.org/wellness	albrittonh@duvalschools.org
<ul style="list-style-type: none"> 6/15 @ 9A-11:30A [Jim Fortuna Senior Center, 11751 McCormick Rd] World Elder Abuse Awareness Day 6/24 @ 10:30A [Lane Wiley Senior Center, 6710 Wiley Rd] Safety & Security Seminar 	Pat Alexander	Senior Services , City of Jacksonville	Vivian Harrell 996-0211 Mary Ferrell 630-7392



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<ul style="list-style-type: none"> 6/5 @ 1P-4P [City Hall Mezzanine Exam Rooms 1-3] Mayor's Summer Job Program – Onboarding event for preselected candidates by appointment COJ Employee Services is still hiring teens to work at the JaxParks Summer Programs Pool Lifeguards – currently hired – 271 Camp Counselors – currently hired – 45 JCC Summer Lunch Program – currently hired 78 Rec n Roll / SNL – currently hired – 22 	Charlene Walker	COJ, Employee Services	chwalker@coj.net
<ul style="list-style-type: none"> Baptist Health is hiring a Director for Employee Wellness who would ideally have a Nurse Practitioner background 	Nancy Crain	Baptist Health	Nancy.Crain@bmcjax.com
<ul style="list-style-type: none"> Black Hog Farm partnering with YMCA to promote healthy eating for youth summer camps 	Sharon Watkins	Black Hog Farm	sharon@blackhogfarm.com
Fitness Equipment Donations <ul style="list-style-type: none"> SOFITCO offers premium, commercial grade fitness equipment. As an industry leader and member of the Jacksonville Mayor's Council on Fitness & Well-Being, SOFITCO understands the importance of giving back to the community. If you are interested in receiving donated fitness equipment or you are interested in donating equipment to another organization, please contact SOFITCO's Jacksonville Rep Mark Owens at mark@so-fitco.com or call 850.428.0325 	Mark Owens	SOFITCO	mark@sofitco.com 850-428-0325 [c]
<p>Link for JaxParks info on:</p> <ul style="list-style-type: none"> JaxParks Summer Activities Guide Waterproof Jacksonville JaxParks Summer Camps 	Robin Mantz <i>[Secretary]</i>	City of Jacksonville – Parks, Rec & Community Services	rmantz@coj.net 619-518-6361 [c]
<ul style="list-style-type: none"> Low Income Dollars (LIP) are approved, pends distribution to groups 	Bernadette Overstreet	Healthy Planning Council of NE Florida	bernadette_overstreet@hpcnef.org
<ul style="list-style-type: none"> Operations Coordinator for City of Jacksonville Sports & Entertainment Office 	Joseph Bergman	COJ, Sports and Entertainment	JBergman@coj.net
<ul style="list-style-type: none"> Please subscribe to THE BRIDGE Newsletter at http://bridge1865newsletter.blogspot.com/ [Emphasizing physical literacy, functional athleticism, and monthly motivational observations.] 	Christopher Lalla	THE BRIDGE: Bridging the Gap to Better Living	clcsj@live.com